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WW Norton & Co. Hardback. Book Condition: new. BRAND NEW, The Healing Power of Writing: A Therapist's Guide to Using Journaling with Clients, Susan Borkin, While much has been written about the physical and emotional benefits of writing, little has been written specifically for mental health professionals detailing how to use therapeutic journaling with their clients. Therapeutic journaling- any type of writing or related expressive process used for the purpose of psychological healing or growth-can be an extremely helpful adjunctive therapy....

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- Authored by Susan Borkin
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