



Coordination in Soccer: A New Road for Successful Coaching (Paperback)

By Pawel Guziejko

iUniverse, United States, 2009. Paperback. Book Condition: New. 201 x 124 mm. Language: English . Brand New Book ***** Print on Demand *****.Pawel Guziejko is from Poland. He is completed the higher school Masters study in the field physical education and obtained Masters Degree on the Jozef Pilsudski Academy of Physical Educatio in Warsaw. His diploma is equivalent to the complection of United States Bachelor of Science degree, with a major in Physical Education. He obtained national polish coaching diploma which is an equivalent of UEFA B license. He has been working as a soccer coach over seven years. During this time he achevied many success with the teams of different age category. Currently he is an Assistant of Coaching Director for Spectrum Soccer School and Head coach for U 15 boys team. This book discusses coordination in both general terms and its components in detail. It shows how and what stage of training it is best to develop them. It discussees questions concerning one -on -one play and the influence of coordination on this aspect of the game. It shows the common mistakes made and creates alternatives in order to avoid this in the future. This book propose also...



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Reviews

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